

Other Community Care Programs

- ◆ Home Care Packages
- ◆ In-Home & Social Support
- ◆ Limani Social Support Group
- ◆ Transport
- ◆ Volunteer Support

Other useful contacts

Aged Care Quality & Safety Commission
Ph: 1800 951 822

Aged Rights Advocacy Service (ARAS)
Ph: (08) 8232 5377

Carers SA Australia Ph: 1800 422 737

Catalyst Foundation Ph: (08) 8168 8776

Commonwealth Respite and Carelink Centre Ph: 1800 052 222

Dementia Australia Ph: 1800 100 500

Disability Rights Advocacy Service Inc.
Ph: (08) 8351 9500

My Aged Care Ph: 1800 200 422

SA Elder Abuse Prevention Phone Line:
Ph: 1800 372 310

Translating & Interpreting Service
Ph: 131 459

For further information contact Social Support-Group Coordinator Community Care Services

**262 Franklin Street
Adelaide SA 5000**

T: (08) 7088 0500

F: (08) 7088 0514

www.gocsacommunitycare.com.au

*We encourage your feedback and
welcome your comments to improve
our services.*

*To make a compliment, suggestion or
complaint contact us on the above
details.*

*If you have a concern you can also
contact the:*

Aged Care Quality & Safety Commission
Ph: 1800 951 822

www.agedcarequality.gov.au



Supported by the Australian Government Department of Health



GREEK ORTHODOX COMMUNITY
OF SOUTH AUSTRALIA INCORPORATED
ΕΛΛΗΝΙΚΗ ΟΡΘΟΔΟΞΗ ΚΟΙΝΟΤΗΤΑ ΝΟΤΙΑΣ ΑΥΣΤΡΑΛΙΑΣ

SOCIAL SUPPORT GROUPS



*"Keeping up with your
community connection"*



The Social Support - Groups Program

aims to:

- ◆ Link eligible participants to services such as centre-based day programs
- ◆ Support people to remain connected to their community via enjoyable and meaningful activities

Activities are provided in a group-based environment, support social interaction and maintain community connectedness.

Activities include:

- ◆ Shared lunches
- ◆ Group outings
- ◆ Information sessions
- ◆ Entertainment (bingo, music)

We can assist eligible participants to access the [Social Support Groups](#) via our [Transport Service](#) (community minibus, taxis or volunteer drivers)

Eligibility

To access this support contact **My Aged Care** on 1800 200 422 (you can request an interpreter if you require one) or visit the **My Aged Care** website www.myagedcare.gov.au

Alternatively, you can contact the **Greek Orthodox Community of SA Inc.** (GOCSA) on 7088 0500 and we will assist you by referring and registering your details on MAC on your behalf. They may also need to do a home assessment.

My Aged Care can help you decide what level of support you need and refer you to an aged care provider. If you would like to access the Greek Orthodox Community of SA—Community Care Services, please let **My Aged Care** know. **My Aged Care** will send the referral to us and upon receiving it, we will contact you and commence our services.

Who do we provide services to?

- ◆ People 65 and over with a Greek-speaking background
- ◆ People 65 and over who are physically frail and their carers
- ◆ People 65 and over who are socially isolated or live alone
- ◆ People residing in the inner metropolitan area of Adelaide

Location:

The Social Support Groups are held at different locations on a weekly/fortnightly/monthly basis between 10am and 1pm.

Meal cost: determined by each Group

GOCSA Community Care Services Groups:

- ◆ **Glandore SS Group** - Camden Hall, Camden Community Centre, Carlisle Street corner Carlton Rd, Camden Park (*new venue*)
- ◆ **Mitcham SS Group** - St Constantine & Helen Church Hall, 1 Florence Street, Goodwood (*new venue*)
- ◆ **Salisbury SS Group**, North Football Club, 39-41 Bagster Road, Salisbury Downs (*new venue*)

GOCSA Women's Fellowship Groups:

- ◆ **Taxiarchis SS Group**, Olympic Hall, 288 Franklin Street, Adelaide
- ◆ **Koimisis Tis Theotokou (Panagia) SS Group**, 1A William Street, Croydon
- ◆ **St Nicholas SS Group**, Church Hall, 71 George Street, Thebarton
- ◆ **St Constantine & Helen SS Group**, Church Hall, 1 Florence Street, Goodwood

GOCSA Auspiced Groups:

- ◆ **Greek Union of Aged Pensioners of Thebarton & Suburbs**, Thebarton Community Centre, 44-48 South Rd, Thebarton
- ◆ **The Greeks of Egypt and Middle East Society of SA Inc.**, 56 Richmond Rd, Keswick
- ◆ **Colossus Panrhodian Society**, Colossus Hall, 148A Henley Beach Rd, Torrensville
- ◆ **Pan-Ikarian Brotherhood of Australia Inc.**, Ikaros House, 22- 24 Arthur St, Unley