Other Community Care Programs

- In-Home & Social Support
- Limani Social Support Group
- Social Support Groups
- Transport
- Volunteer Support

Other useful contacts

Aged Care Quality & Safety Commission
Ph: 1800 951 822

Aged Rights Advocacy Service (ARAS)

Ph: (08) 8232 5377

Carers SA Australia *Ph: 1800 422 737*

Catalyst Foundation *Ph:* (08) 8168 8776

Commonwealth Respite and Carelink

Centre *Ph:* 1800 052 222

Dementia Australia Ph: 1800 100 500

Disability Rights Advocacy Service Inc.

Ph: (08) 8351 9500

My Aged Care Ph: 1800 200 422

SA Elder Abuse Prevention Phone Line:

Ph: 1800 372 310

Translating & Interpreting Service

Ph: 131 459

For further information contact the

Home Care Packages Coordinator

Community Care Services

262 Franklin Street

Adelaide SA 5000

Ph: (08) 7088 0500

Fax: (08) 7088 0514

www.gocsacommunitycare.com.au

We encourage your feedback and welcome your comments to improve our services.

To make a compliment, suggestion or complaint contact us on the above details.

If you have a concern you can also contact the:

Aged Care Quality & Safety Commission

Ph: 1800 951 822

www.agedcarequality.gov.au



Supported by the Australian Government Department of Health



HOME CARE PACKAGES



YOUR PATHWAY TO ACCESSING A HOME CARE PACKAGE

Quality Care at Home with Dignity and Independence

- A referral to My Aged Care is made by phone on 1800 200 422 or on line www.myagedcare.gov.au
- 2. The Assessor sends your referral to the ACAT Team
- 3. They will assess you in your home or hospital
- 4. Level of needs identified and a level of package allocated
- 5. Letter is sent to you to state the level you have been assessed at and you are placed on a wait list
- 6. A second letter will arrive stating you have been assigned a package

- 7. You need to accept within 56 days or your package will be allocated to someone else
- 8. You then select a provider which best services your needs, works in partnership with you and together develop a care plan and a personal budget
- 9. Your contribution fee is determined by Centrelink
- 10. You sign a Home Care
 Agreement and services will
 commence
- 11. As your care needs change, so can your care plan to reflect and support you better on your journey
- 12. You are in charge!

Services aim to assist the older person to:

Every person can design their own service plan according to their needs and preferences.

Services will be tailored to assist the older person to maintain independence and continue to participate in activities which are important to them.

A range of care and services can be included, such as assistance with: "

- Personal care "
- Activities of daily living "
- Nutrition, meal preparation and diet "
- Support services, including help around the home ...
- Clinical care ...
- Continence management,
- Mobility and dexterity "
- Leisure interests and activities
- Medication Management

You have Choice and Control on how the service and care is delivered to you.