Other Community Care Services

- Home Care Packages
- Limani Social Support Group
- Social Support Groups
- Transport
- Volunteer Support Program

Other useful contacts

Aged Care Quality & Safety Commission Ph: 1800 951 822

Aged Rights Advocacy Service (ARAS)
Ph: (08) 8232 5377

Carers SA Australia Ph: 1800 422 737

Catalyst Foundation *Ph:* (08) 8168 8776

Commonwealth Respite and Carelink

Centre *Ph: 1800 052 222*

Dementia Australia Ph: 1800 100 500

Disability Rights Advocacy Service Inc.

Ph: (08) 8351 9500

My Aged Care Ph: 1800 200 422

SA Elder Abuse Prevention Phone Line:

Ph: 1800 372 310

Translating & Interpreting Service

Ph: 131 459

For further information contact the In Home Support & Social Support-Ind Coordinators
Community Care Services

262 Franklin Street Adelaide SA 5000 T: (08) 7088 0500 F: (08) 7088 0514

www.gocsacommunitycare.com.au

We encourage your feedback and welcome your comments to improve our services.

To make a compliment, suggestion or complaint please contact us on the above details.

If you have a concern you can also contact the:

Aged Care Quality & Safety Commission

Ph: 1800 951 822 www.agedcarequality.gov.au



Supported by the Australian Government Department of Health



IN-HOME SUPPORT

&

SOCIAL SUPPORT-INDIVIDUAL



"Promoting independence through health and wellbeing."

What is In Home Support?

In-Home Support Services Program is designed to improve or maintain people's capacity to manage everyday activities in a safe, secure and healthy home environment.

The focus of the care plan is around regaining skills.

The program includes:

- Domestic Assistance (i.e. vacuuming, mopping, bathroom cleaning)
- Annual Spring Cleaning (i.e. high dusting and window clean) - up to four (4) hours per calendar year
- Home and Garden maintenance (see next page)

Social Support - Individual

The aim of the **Social Support - Individual Service** is to link eligible consumers to support services, such as assistance with shopping and bill-paying outings, friendly visiting and transport to medical or other appointments.

Social Support-Individual Services are provided by a companion (paid worker or volunteer)

Home and Garden Maintenance

The service provides assistance and advice to help people maintain a safe, habitable and healthy home environment

The services provided include repairs and modifications to assist people to manage their disabling condition to move safely around their home.

Scope:

- Minor safety repairs
- Minor handyman work
- Electrical such as changing light bulbs
- Changing smoke alarm batteries
- Installation of smoke detectors
- Garden tidy-up, weeding, pruning, rubbish removal, dumping. Fees apply for the rubbish to be removed (one load per annum)
- Maintenance of the home and garden to ensure there are no health or safety risks

There is a maximum of five (5) hours per calendar year. All materials to be paid by the customer.

Cost

The Coordinator will discuss the cost of the service after the acceptance of the referral from My Aged Care. No one will be denied a service simply on the grounds of incapacity to pay.

Eligibility

To access this support, you will first need to register with My Aged Care, phone **1800 200 422** (you can request an interpreter if you require one) or visit the My Aged Care their website **www.myagedcare.gov.au** or give us consent to register on your behalf. They may also need to do a home assessment.

My Aged Care can help you decide what level of support you need and refer you to an agency of your choice.

You can request to access the Greek Orthodox Community Care Services by letting My Aged Care know.

My Aged Care will give you a reference number which you can provide us to commence your service.

